IAM ALS



Get In. We're Ending ALS

Breaking News: President Biden signed ACT for ALS into law on December 23, 2021!

What We're Up To:

We know the introduction of ALS into your life may cause feelings of confusion and isolation. Luckily I AM ALS' amazing community members are here to help and answer your questions as best they can with a new panel series: Ask Me Anything - ALS! Each month, they'll assemble to listen, answer your questions and tell their stories. January's session will be hosted by some amazing peer mentors and will take place on January 11 at 5:30 p.m. ET. To attend, sign up here.

Recommend a Caregiver

If you have previously or are currently receiving in-home healthcare for ALS, we want to hear about who has been helpful to you so that we can help others connect with caregivers.

SHARE

COMMUNITY UPDATES



Familial ALS Team

This team is hosting a conversation with Scribe CRISPR about applying CRISPR gene-editing technology for ALS. They will be joined by Brett Staahl, PhD, co-founder and VP of Platform Technologies at Scribe Therapeutics. Sign up to attend on Tuesday, January 18 at 12 p.m. ET here.

Legislative Affairs Team The work in Congress isn't done yet, so help this team keep the



incredible momentum going. Thank your senators and representatives for voting for ACT for ALS. You can send them pre-populated Tweets <u>here</u>.



Many Shades of ALS

The Boa Flouncer has arrived! This fun-loving and fashionable alter-ego of Many Shades co-lead Katrina Byrd is honoring some amazing I AM ALS community members across social media. Learn more about her and the Flouncer campaign <u>here</u>.



Thank You Squad

These incredible folks sent over 7,000 thank you notes in 2021, and not just to donors – they also wrote notes to every member of Congress who voted in favor of ACT for ALS!



Veterans Team

This team is continuing to develop an award to recognize people improving the lives of veterans living with ALS. To learn more about this team (or to join in 2022), click <u>here</u>.



Community Spotlight: Kristen McClellan

Kristen joined the I AM ALS Thank You Squad in 2021 after her dad was diagnosed with ALS. Last summer, her dad's coworkers decided to honor him by doing their own Ice Bucket Challenge, and they ended up raising \$100,000! See more of their amazing story <u>here</u>.

WHAT'S COMING UP?

I AM ALS Social Hour

Even revolutionaries need to let their hair down and relax. If you want to chill on video and get to know others within the movement, sign up for I AM ALS' weekly digital social hour. <u>Register</u>

Mobility Aids and Home Modification Tips to Improve Quality of Life in ALS

This will be the latest installment in the Les Turner ALS Foundation's ALS Learning Series. Consider attending to learn more about mobility aids and home modification tips to improve your quality of life. **Register**

SEE ALL EVENTS



I AM ALS is a patient-led community that provides critical support and resources to patients, caregivers and loved ones. It empowers advocates to raise awareness and lead the revolution against ALS in driving the development of cures. Learn more at iamals.org.



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