



Get In. We're Ending ALS

"Every day we get to choose how to live. Choose to live in hope. Choose to make a difference." - Brian Wallach, I AM ALS Co-Founder

What We're Up To

Last week, we hosted two community conversations with Amylyx, the pharmaceutical company that developed the ALS treatment AMX0035. Members of the Amylyx team answered questions from community members about the NDA (new drug application) they will be submitting to the FDA in the coming months. Read more [here](#).

Share Your Story for Hispanic Heritage Month

In honor of Hispanic Heritage Month, we're collecting stories from members of the ALS community who identify as Hispanic.

TELL YOUR STORY

COMMUNITY UPDATES



Clinical Trials Team

This team's open-label extension (OLE) petition has surpassed 1,100 signatures. The goal is 1,500: ask your family, your friends and your pizza delivery person to sign [here](#).



Community Outreach Team

This team continues to crush it by hosting educational panels on ALS. The

next one up is with Vanderbilt University. Want to help the team plan future panels? Join [here](#).



Legislative Affairs Team

As of today, there are 22 Senators cosponsoring ACT for ALS! Are yours? Check the full list of cosponsors [here](#), and if your Senators aren't on it, write them [here](#).



Many Shades of ALS Team

This team is kicking off its Let's Talk About It mental health series next week! The first session will be held this Wednesday, September 29 at 12 p.m. EST. Sign up to attend [here](#).



Veterans Affairs Team

This team's suicidal ideation social media series is still going strong, and has been sharing incredible resources with the community. Check out this excellent post [here](#).



[Community Spotlight: Yvette Wilson](#)
Yvette's ALS story inspired us so much that we wanted to share it with the whole community. Yvette is a tireless advocate with an amazing support system (who she loves on heavily in this piece). Read [it here](#).

WHAT'S COMING UP?

Let's Talk About It: A Mental Health Series

Join Let's Talk About it: A Mental Health Series, which includes community conversations hosted by I AM ALS' newly formed Many Shades of ALS Community Team. This team brings attention to and provides resources for the mental, physical and social health of people of color living with and impacted by ALS. These community conversations will be centered on how ALS impacts mental and emotional health and wellbeing in the lives of

people living with and impacted by ALS.

[Register](#)

G.R.A.C.E.: Learn to actualize compassion as you encounter the suffering of others, with Roshi Joan Halifax

Compassionate Care ALS is hosting an event with Roshi Joan Halifax, who brings a lifetime of experience as a Buddhist teacher, Zen priest, anthropologist, and pioneer in the field of end-of-life care. She has developed a simple and effective tool for cultivating compassion in the presence of suffering.

[Register](#)

CORA Unites Annual Charity 5k

CORA Physical Therapy will honor retired Airborne Army Ranger Lt. Col. Chuck during its annual 5K. Chuck demonstrated extreme motivation and resilience. The 2021 5K will be virtual, so participants can complete the event anywhere: at home, at work, on the beach, on a trail or on a treadmill.

[Register](#)

[SEE ALL EVENTS](#)



I AM ALS is a patient-led community that provides critical support and resources to patients, caregivers and loved ones. It empowers advocates to raise awareness and lead the revolution against ALS in driving the development of cures. Learn more at

iamals.org.

IAM ALS



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