



# Get In. We're Ending ALS

“Life is too short to not smile for no reason at all multiple times a day.” - Brian Wallach, I AM ALS Co-Founder

## What We're Up To:

The Veterans Affairs Team has worked incredibly hard to bring you its Suicidal Ideation awareness campaign on social media that kicked off on September 5 during National Suicide Prevention Week. These team members opened their hearts and are sharing stories of when they felt most vulnerable and most joyful and providing resources to get you the support you need. They want you to know that #HelpIsHere. See their posts by following the #VetsWithALS hashtag.

## Join the Veterans Affairs Team

The Veterans Affairs Team is constantly coming up with new ways to support veterans living with ALS and their loved ones.

**JOIN THE TEAM**

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## COMMUNITY UPDATES



### Clinical Trials Team

Team members have gathered more than 800 signatures on the Open Label Extension (OLE) petition stating they will not sign up for clinical trials or encourage others to sign up for clinical trials that do not offer OLE. Help them reach their goal of 1,500 signatures by signing [here](#) and encouraging your loved ones to do the same.

### Community Outreach Team



This team hosted an awesome ALS awareness panel with Texas A&M Pharmacology School and has another one scheduled for September 14 with a D'Youville Physical Therapy School. Help with future panels by joining the team [here](#).



### **Familial ALS Team**

This team is hard at work preparing for a presentation at the ALS MND Symposium. Join [here](#) to get involved.



### **Legislative Affairs Team**

This team is reaching out to Senators who are on the Veterans Affairs Committee and also are ALS Caucus Members to request they cosponsor ACT for ALS. Use our [Legislation Tracker](#) to see if your Senator has cosponsored ACT for ALS and if not, take action to get them signed on as a cosponsor.



### **Many Shades of ALS Team**

This team is hosting a Mental Health Series featuring conversations with members of the team impacted by ALS and mental health professionals. The first conversation will take place on September 29, where they will discuss the impact of an initial ALS diagnosis on their mental health. Sign up to attend [here](#).



### **Veterans Affairs Team**

This team launched a Suicidal Ideation awareness social media campaign, ongoing throughout September. Check out one of the most recent posts [here](#) and see them all under the #VetsWithALS hashtag.



**Community Spotlight: Stacie Votaw**  
Meet Stacie. After being diagnosed with ALS only a few months ago, she has become a fierce advocate and joined numerous community teams. Her positive outlook and witty personality have been fantastic additions to the community. Read more of her story [here](#).

## WHAT'S COMING UP?

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### **The Les Turner ALS Foundation™ ALS Walk for Life – 20th Anniversary**

Join the Les Turner ALS Foundation for the 20th anniversary ALS Walk for Life on September 18, either at Soldier Field or remotely.

[Register](#)

### **2021 Towpath Trot 5k Fun Run**

Join John and Tracy Mulligan for a fun 5K run on the C+O Canal Towpath in Washington, DC on September 18.

[Register](#)

### **Clenbuterol for ALS: Findings From an Open Label Trial**

Dr. Richard Bedlack is currently a Professor of Neurology at Duke University and Director of the Duke ALS Clinic. He will be discussing the findings from the Open Label Trial: Clenbuterol for ALS. After the presentation, it will open up to an audience Q&A to answer questions, followed by an open forum where you can connect live with other attendees.

[Register](#)

[SEE ALL EVENTS](#)



I AM ALS is a patient-led community that provides critical support and resources to patients, caregivers and loved ones. It empowers advocates to raise awareness and lead the revolution against ALS in driving the development of cures. Learn more at [iamals.org](http://iamals.org).

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IAM ALS



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