



GET IN. WE'RE ENDING ALS

"I never expected to be diagnosed with a terminal disease by 37. I never expected to be an outspoken ALS advocate by 40. I've also have never been more certain that this fight is good, right and one we can win." - Brian Wallach, I AM ALS Co-Founder

What We're Up To

The [Morris ALS Principles](#) were developed by those most impacted by ALS as a social contract that will drive a path forward. They show how each of us can do better so that treatments and cures are a reality and not an empty promise.

In addition, Brian Wallach and Sandra Abrevaya appeared before the House of Representatives on Wednesday to give public testimony and urge Congress to fully support this movement toward ALS treatments and cures. [Watch the testimony here.](#)

Want to read the [ALS Principles](#)?!
Click below to download a copy! Don't keep it to yourself either. Post it. Share it.

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READ THE PRINCIPLES

COMMUNITY UPDATES



Clinical Trails Team

This team hosted an incredible event, *Expanded Access: Great in Theory, Why Problematic in ALS?* on May 18th, 2021. Did you miss

it? Don't worry, we recorded it. We will be uploading it soon. Make sure you subscribe to [I AM ALS' YouTube channel](#) to ensure you don't miss it.



Community Outreach Team

This team continues their ALS Awareness Month social media campaign that highlights the role caretakers play in the movement. Search for [#ALSCaregiverLife](#) on Twitter and Facebook to see their posts and contribute!



Familial ALS Team

This team is solidifying the *Our DNA Doesn't Define Us* conference schedule. They are excited that Maceo Carter and Chelsey Carter, MPH, PhD will have a conversation on racism, bias and inequality within the ALS landscape. To join this conversion, [register here](#).



Legislative Affairs Team

This team is preparing for the introduction of ACT for ALS by contacting every single representative who sponsored and cosponsored the bill in the 116th Congress. Join them by messaging your representative and senators [here](#).



Thank You Squad

This squad is putting together a campaign thanking MLB and the MLB teams for hosting the inaugural [Lou Gehrig Day](#) on June 2nd and 3rd.



Veterans Affairs Team

The Veterans Affairs team is constantly kicking some ALS. Join [their movement!](#)



Meet Osiel: Osiel Mendoza is an incredible person and a strong ALS advocate. He's always stepping up and willing to share his story. Not only is he one of the many people who made Lou Gehrig Day a reality,

but he serves on our Community Outreach Team.

WHAT'S COMING UP?

Lou Gehrig Day!

On June 2nd and 3rd there will be 18 different MLB games celebrating Lou Gehrig Day. Join in on the celebration virtually, at a bar or in a ballpark!

[Register](#)

ALS Research Town Hall

Join a research discussion with ALS TDI's new CEO and Chief Scientific Officer, Fernando Vieira M.D.

[Register](#)

SEE ALL EVENTS



I AM ALS is a patient-led community that provides critical support and resources to patients, caregivers and loved ones. It empowers advocates to raise awareness and lead the revolution against ALS in driving the development of cures. Learn more at iamals.org.

IAM ALS



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